



# Fairhearts Newsletter

June 2011 Issue

## Welcome to our Newsletter!

**Editorial:** Hello everyone, I hope you are managing the cooler weather. I hope you all had a happy Mothers Day and are looking forward to our next meeting on the 14th of June.

The guest speaker, Bhuvana from Centrelink was received very well at the May meeting. She was very good, spoke very well on the subject and was very knowledgeable about the topic as a whole, and I do hope you all got a lot out of it as I did. Bhuvana told me that Centrelink information officers are available to talk on various subjects, so we will keep that in mind and discuss what other topics our members are interested in at our meetings.

We can confirm the Yuletide Cruise on Sunday the 24th of July is booked as well as a bus for the day. We will confirm departure time at the meeting and in the in the July newsletter.

We can also confirm the bus is booked and the lunch is booked at the Drover's Camp for the weekend away in October. Accommodation

and things to do will be booked at a later date.

We are looking to arrange a guest speaker for the July meeting to talk about the history of Fairfield and will keep you informed about this possibility.

We also thought perhaps a picnic or outing for August. These are just suggestions at the moment and will be confirmed in the July newsletter.

If you have any suggestions about something you would think our group would be interested in doing, please do not hesitate to speak to myself or any of the committee members about it.

Hoping to see you all at the June meeting.

Yvonne

Inside this issue:	
<i>Editorial, President's Report, Next Meeting Date</i>	1
<i>Treasurer's Report, Carer's Report, Korny Korner</i>	2
<i>Birthday Wishes, Fairhearts' Contacts Things To Do</i>	3
<i>Who Are We?</i>	4



Are you keeping up your exercise regime?

## President's Report

Dear Members, Ladies and Gentlemen.

Well you would think winter started at the beginning of May with this cold snap we are experiencing.

I realize that some of you don't like going out of a night when it's so cold but do try to come along to our meetings. Winter can be quite depressing for some but the more you socialize during these dull days the happier you will be, especially being around your friends.

All the best, Arthur.

**THE NEXT FAIRHEARTS MEETING is**  
**Tuesday 14th of June, 7:00pm.**  
**We look forward to seeing you and to catch up after Christmas and New Year. Please join us in the Bistro for dinner around 6pm if you can. Please don't hesitate to let the Committee know if you have any suggestions regarding places of interest, or things to do that you might think would be suitable for the Fairhearts. We look forward to seeing you once again.**  
**Note: The Fairhearts meet on the Second Tuesday of the month from February through to December (no meeting in January) at 7:00 pm at Cabra-Vale Ex-Active Servicemen's Club, 1 Bartley Street, Canley-Vale. Visitors and new members are most welcome.**

## Treasurer's Report

Hello everyone,

At the moment, our finances are keeping steady as our activities have slowed down, due to the advancing cold weather. As Treasurer, I can't write about much, however, it looks as though things will be looking up for the rest of the year.

I would like to thank all members, on behalf of Cec and I for your best wishes on our 60th Anniversary.

Hoping to see you all on the 14th of June next.

Shirley

## Carer's Report

Hi everybody.

Well we have a few members who haven't been in the best of health, this is not surprising with the cold weather we've been experiencing.

Stan Simmons, Jan Stewart and Ted Lawrence all have come down with colds, thankfully none have turned into the Flu.

Dot Lawrence and David Oraham arthritis is causing pain and quite a few problems for both of them. Their respective doctors are trying to work out the best treatment to give them some relief.

Barry Simmonds will be having eye surgery on the 31<sup>st</sup> of May and we wish Barry all the best for this procedure.

### **WARNING**

Maria Toro was doing some gardening in her backyard, with her front door open but with the screen door SNIBBED but not locked and some low life cut the wire, unsnibbed the door and helped himself to, not only Maria's jewelry, but also Vincent's. Maria was extremely upset. So please make sure if you're out the back, both your front door and screen door are LOCKED.

Take care, good health to you all, Annette.

## Korny Korner

**They're Back! Church Bulletins courtesy of those ladies with typewriters. These sentences (with all the BLOOPERS) actually appeared in church bulletins or were announced in church services:**

The Fasting & Prayer Conference includes meals.

The sermon this morning: 'Jesus Walks on the Water.' The sermon tonight: 'Searching for Jesus.'

Ladies, don't forget the rummage sale... It's a chance to get rid of those things not worth keeping around the house. Bring your husbands.

Remember in prayer the many who are sick of our community. Smile at someone who is hard to love. Say 'Hell' to someone who doesn't care much about you. Don't let worry kill you off - let the Church help.

Miss Charlene Mason sang 'I will not pass this way again,' giving obvious pleasure to the congregation.

For those of you who have children and don't know it, we have a nursery downstairs.

Next Thursday there will be tryouts for the choir. They need all the help they can get.

Irving Benson and Jessie Carter were married on October 24 in the church. So ends a friendship that began in their school days.

A bean supper will be held on Tuesday evening in the church hall. Music will follow.

At the evening service tonight, the sermon topic will be 'What Is Hell?' Come early and listen to our choir practice.

Eight new choir robes are currently needed due to the addition of several new members and to the deterioration of some older ones.



## June Birthday Celebrations!

*Happy Birthday from all of the Fairhearts to*



**8th Stan Simmons**                      **19th William Little**  
**10th Maria Senegacnik**            **24th Steve Buckley**  
**16th Frieda Cremer**

***If we have not mentioned your birthday, or if you would like to include someone's special birthday in our newsletter, please let the newsletter editor know.***

### **FairHearts HSA Committee Contacts**

<i>President</i>	<i>Arthur Boyd</i>	<i>96047952</i>
<i>Vice President</i>	<i>Merv Rogers</i>	<i>96043602</i>
<i>Secretary</i>	<i>Ken Storey</i>	<i>96044191</i>
<i>Assistant Secretary</i>	<i>Wal Liebrandt</i>	<i>97886930</i>
<i>Treasurer</i>	<i>Shirley Wales</i>	<i>97274491</i>
<i>Assistant Treasurer</i>	<i>Joyce Hammond</i>	<i>97245424</i>
<i>Publicity Officer</i>	<i>Yvonne Simmonds</i>	<i>96106295</i>
<i>Caring Officer</i>	<i>Annette Dearle</i>	<i>96097107</i>
<i>Committee Member</i>	<i>Lucie Harris</i>	<i>97276009</i>
<i>Committee Member</i>	<i>Jan Stewart</i>	<i>96046796</i>
<i>Committee Member</i>	<i>Jill Simmons</i>	<i>98267943</i>
<i>Committee Member</i>	<i>Chris Storey</i>	<i>96044191</i>
<i>Committee Member</i>	<i>Eddie Said</i>	<i>96042374</i>

## Things to do!

**Christmas in July Outing: Sunday the 24th July—Yuletide lunch on board the Hawkesbury Paddlewheeler**

The bus is fully booked out but if you would like to join us by driving to Windsor by car, please let Yvonne know. Cruise on the beautiful Hawkesbury River while enjoying a traditional Christmas feast, with a sing along to Christmas Carols followed by a knees up! Captain James, assures me that rain hail or shine, the show will go on! We have booked a bus to take us there and we will depart from Smithfield RSL Club at 9.30am, the boat leaves at 12 noon for a 2½ hour cruise. Menu for lunch is: Turkey, Ham & stuffing, roast potatoes, roast pumpkin, peas, carrots & cauliflower, followed by plum pudding & custard. Cost is \$35p.p. for the cruise plus the bus fare.

- | July meeting—speaker on history of Fairfield, to be confirmed.
  - | August—picnic/bbq or day out, to be discussed at next meeting.
  - | September meeting—Kevin and Annette's Trivia extravaganza—to be confirmed.
  - | October 15 and 16 is another Fairhearts trip away—More information on the rest of the trip later.

## Who Are We?



### We Are the “Fairhearts”, the Fairfield and District Branch of Heart-Support Australia

**PO Box 706, Fairfield, NSW, 1860**

**Email**

**y.simmonds@hotmail.com**

#### *Who are we and what do we do?*

*The “Fairhearts, Fairfield and District branch of Heart-Support Australia (HSA) are a support group for people who have heart related problems, as well as their carers and families. We have a strong commitment to the three words included on the HSA logo which are: Support, Encouragement and Information.*

***We provide support** by having regular monthly meetings on the second Tuesday of every month where we meet with people with similar heart related problems and their carers and families and share our thoughts and offer support to each other. We have a Caring Officer, Annette Dearle, who is available to provide support to our members.*

***We provide encouragement** by inviting members and their carers to join our walking group and become more active by organizing outings and social events. We have a very healthy social calendar and encourage members and their guest to participate.*

***We provide information** by inviting guest speakers along to talk on a wide range of topics but particularly heart related issues. We are supported by the Fairfield Hospital Cardiac Rehabilitation Unit and the Coordinator and staff regularly come to talk to our meetings and also come along to some of our social events. If you would like to know more about us, please contact the Fairhearts President, Arthur Boyd on 96047952 or the Publicity Officer Yvonne Simmonds on 96106295*



The Fairhearts would like to thank  
The Diggers Club for their support.

