

Treasurer's Report



After our April meeting, the attending members played Trivia and had a happy and wonderful time, as we usually do. Thanks to Kevin and Annette Dearle.

Last month, we received the Head Office Newsletter which advised that at the 2010 AGM it was voted that as from the 1st of July 2011, the annual fees will be increased to \$13.00 for full members and \$6.50 for associate members. I will remind all members of this change before our 2011 AGM in August, when the fees are payable.

Hoping to see you all on the 10th May next.

Shirley

Carer's Report



Hi Everyone.

Lucy Harris had her shoulder operated on the 1st of April and she is now recovering on the north coast at her daughter's home.

Ces Wales had a melanoma removed from his chest. The procedure was quite invasive, as he had to have 17 stitches. Ces will see his specialist at the end of the month to be sure that every thing is as it should be.

Our president Arthur had Shingles above his eye, which was quite painful. He has just gotten over that and now he has a virus.

Ken and Chris Storey's daughter in-law was hospitalized for over 3 weeks, in which time she had to endure 3 operations. Thankfully she is home now but it will take some time for her to fully recover.

Special Anniversary. Congratulations to Ces and Shirley Wales who will be celebrating their 60th Wedding Anniversary in May. How great is that.

Take care and good health to you all, Annette.

Korny Korner

A SCOTTISH LOVE STORY

An elderly man lay dying in his bed. While suffering the agonies of his death, he suddenly smells the aroma of his favourite scones wafting up the stairs. He gathered his remaining strength and lifted himself from the bed. Leaning on the wall, he slowly made his way out of the bedroom, gripping the wall, he slowly makes it to the kitchen.

There, piled on a tray, is his favourite scones. Was it heaven? Or was it one final act of love from his devoted Scottish wife of sixty years, seeing to it that he left this world a happy man?

Mustering one great final effort, he threw himself towards the table, landing on his knees in rumped posture. His aged and withered hand trembled towards a scone at the edge of the table when it was suddenly smacked by his wife with a wooden spoon.

'Leave them alone! she said, 'they're for the funeral'.



May Birthday Celebrations!

Happy Birthday from all of the Fairhearts to



Kathy Roach, 7th
Ken Storey, 11th
Georgina Alexander, 15th

If we have not mentioned your birthday, or if you would like to include someone's special birthday in our newsletter, please let the newsletter editor know.

FairHearts HSA Committee Contacts

President	Arthur Boyd	96047952
Vice President	Merv Rogers	96043602
Secretary	Ken Storey	96044191
Assistant Secretary	Wal Liebrandt	97886930
Treasurer	Shirley Wales	97274491
Assistant Treasurer	Joyce Hammond	97245424
Publicity Officer	Yvonne Simmonds	96106295
Caring Officer	Annette Dearle	96097107
Committee Member	Lucie Harris	97276009
Committee Member	Jan Stewart	96046796
Committee Member	Jill Simmons	98267943
Committee Member	Chris Storey	96044191
Committee Member	Eddie Said	96042374

Things to do!

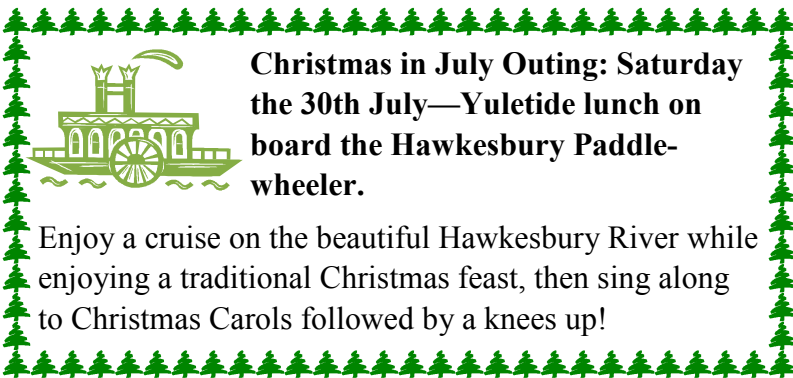
Guest Speaker at the May 10th Meeting from **Centrelink** and the Topic is: **“AGED PENSION—YOUR CHOICES”**.

Bhuvana from **Centrelink** will talk to us about the abovementioned topic so, ***if you are on a pension or planning to retire, this topic is for you!*** Also, if we need any more information on any other **Centrelink** issue, **Centrelink** will send someone along to other Fairhearts meetings as required.

Our general business meeting will start at 7:00pm until 7:30pm and the guest speaker will commence straight after general business.

Please don't miss out. We look forward to an interesting and informative evening and we hope to see all of our members there!

Where? At The Diggers Club on Tuesday the 10th May at 7:00pm.



Christmas in July Outing: Saturday the 30th July—Yuletide lunch on board the Hawkesbury Paddlewheeler.

Enjoy a cruise on the beautiful Hawkesbury River while enjoying a traditional Christmas feast, then sing along to Christmas Carols followed by a knees up!

October 15 and 16 is another Fairhearts trip away—this time, the flavour is very Aussie! We will be driving to Branxton in the Hunter region where we will be spending the day at a Drover's Camp. We will be having a "Camp Oven" lunch consisting of camp oven roasted beef and lamb, baked potato and pumpkin, corn and other veges, as well as hot damper, tea and coffee.

Neil at the camp tells me there will be performances by 'The Drover and the Fleebag Trio'. There will be bush poetry and a sing-along with Aussie bush songs. There are some very good walking tracks on the property which he suggests we do and this is also a working farm so lots to see and do.

Neil tells me he will also throw in some scones, jam and cream as well, all this for \$25!

More information on the rest of the trip later.

Welcome to our newsletter!



We Are the “Fairhearts”, the Fairfield and District Branch of Heart-Support Australia

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Email

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Who are we and what do we do?

The “Fairhearts, Fairfield and District branch of Heart-Support Australia (HSA) are a support group for people who have heart related problems, as well as their carers and families. We have a strong commitment to the three words included on the HSA logo which are: Support, Encouragement and Information.

***We provide support** by having regular monthly meetings on the second Tuesday of every month where we meet with people with similar heart related problems and their carers and families and share our thoughts and offer support to each other. We have a Caring Officer, Annette Dearle, who is available to provide support to our members.*

***We provide encouragement** by inviting members and their carers to join our walking group and become more active by organizing outings and social events. We have a very healthy social calendar and encourage members and their guest to participate.*

***We provide information** by inviting guest speakers along to talk on a wide range of topics but particularly heart related issues. We are supported by the Fairfield Hospital Cardiac Rehabilitation Unit and the Coordinator and staff regularly come to talk to our meetings and also come along to some of our social events. If you would like to know more about us, please contact the Fairhearts President, Arthur Boyd on 96047952 or the Publicity Officer Yvonne Simmonds on 96106295*



The Fairhearts would like to thank
The Diggers Club for their support.

